

AFIA P.E Hall Policy

Al Faisal International Academy

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Approved by	Governing Body
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Next review	June 2025

PE (Physical Education) hall policy is essential to ensure the safety and well-being of students, as well as to maintain an organized and effective learning environment.

Introduction:

- This policy outlines the guidelines and procedures for the use of the PE hall and the conduct of physical education activities within AFIA.

General Rules and Safety:

- 1. Supervision:** A qualified teacher or supervisor shall be present during all PE activities in the hall.
- 2. Attire:** Students must wear appropriate athletic clothing and footwear. Remove jewelry and accessories that could pose safety risks.
- 3. Warm-Up:** All PE sessions must begin with a warm-up to reduce the risk of injuries.
- 4. Equipment:** Regular inspections will be conducted to ensure that all sports equipment is safe, properly maintained, and free of defects.
- 5. Clear Space:** The PE Hall must be free from obstructions to allow safe movement during activities.
- 6. No Running Indoors:** Running indoors is not permitted to prevent accidents and collisions.
- 7. Non-Slip Surface:** The floor should provide good traction to prevent slipping.

Emergency Procedures:

1. **First Aid:** A basic first aid kit will be readily available in the PE hall to address minor injuries.
2. **Emergency Evacuation:** Staff and students will be educated on emergency procedures, including what to do in the event of a fire, earthquake, or other emergencies.

Health and Safety:

1. **Allergies and Medical Conditions:** School staff should be informed of students' allergies and medical conditions, and necessary medications should be readily available.
2. **Hydration:** Students are encouraged to stay hydrated, and access to water will be provided during and after the PE session.

Respect and Inclusivity:

1. **Respect for Others:** Students are expected to treat their peers and teachers with respect and consideration.
2. **Equal Participation:** All students, regardless of ability, are encouraged to participate in PE activities.

Behavior and Discipline:

1. **Conduct:** Students must adhere to the rules of behavior set forth by the school and teacher during PE sessions.
2. **Stop Signals:** Clear signals to stop an activity or game will be taught to ensure immediate compliance in case of emergencies.

Equipment and Facility Use:

- 1. Safe Use of Equipment:** Students will be educated on the proper and safe use of sports equipment and how to store it when not in use.
- 2. Clean-Up:** After PE sessions, equipment should be stored properly, and the hall should be left clean and organized.

Outdoor Activities:

- **Sun Protection:** When PE activities are held outdoors, students should wear sunscreen and appropriate clothing to protect against sunburn.

Policy Review:

Review Schedule: This PE Hall policy will be reviewed and updated as needed, with at least an annual review to ensure its relevance and effectiveness.

Compliance and Enforcement:

Consequences: Consequences for non-compliance with the PE hall policy will follow the school's discipline procedures.

AFIA will ensure that all staff, students, and parents are aware of and have access to this policy for reference. Regular training and communication about the policy's contents are also crucial to its effectiveness.